

Lifting the restrictions on using the common cup for wine at Communion.

In line with the Church of England guidelines, the President and those distributing communion will wear a face mask.

We will offer the following to communicants:

- 1) the communicant can receive the bread alone; or
- 2) the communicant can receive the bread and the wine from the common cup in the way they did so before the pandemic.

Because of ongoing potential risks to health, an individual communicant may choose to receive only in the form of bread even if consecrated wine is being distributed. We will **only** use alcoholic wine as it is a sanitiser.

No pressure will be placed on members of the congregation to receive the sacrament if they feel unable to do so.

We shall be reverting to using a loaf of bread (rather than wafers). The bread will be pre-cut prior to the service, (under hygienic regulations for preparing food i.e., wearing disposable gloves and wearing of face covering). The president's portion of the bread alone should be shown and this part broken. This broken part would not form part of the bread for distribution to the congregation.

Gluten free wafers will be available for those who require them.

The person distributing the wine will wipe the surface of the cup between each communicant, using a clean part of the cloth each time.

The congregation will be asked to use the hand sanitiser before taking communion and this will be positioned where it can be easily accessed.